Date Reviewed:	February 2024
Review Date:	February 2025



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Agreed by Health and Safety Committee Date: 20/03/24

Name: David Goldsmith Signature:

# Nappy Changing – February 2024

### **Policy Statement**

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or pull-ups. We work with parents toward toilet training.

We make appropriate adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

The procedures are written in line with current EARLY YEARS FOUNDATION STAGE guidance and Suffolk County Council's Health & Safety, which cover hygiene and infection control. Mrs Daniels (Senior Nursery Nurse Practitioner) is responsible for ensuring all staff understand and follow these procedures.

#### **Procedures**

- Children should wear 'pull-ups' or other types of trainer pants as soon as they are comfortable with this and their parents agree.
- The toilets should be warm and a designated safe area for the children to lie down if they need their bottom cleaned.
- Each child should have a clearly named bag with trainer pants and wipes provided by their parents and brought into nursery each day.
- Gloves and disposable aprons are put on before changing starts. Paper roll is placed on the changing mat freshly
  for each child.
- These are all disposed of in a special nappy sack and then into the designated nappy bin and new ones are used for each changing of a child.
- All staff are to be familiar with hygiene procedures and carry these out when changing nappies.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk.
- Children should be encouraged to wash their hands after the nappy has been changed.
- Staff are to be gentle when changing; they should avoid pulling faces and making negative comments.

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- Nappies and pull-ups are disposed of hygienically. Nappies are placed in nappy bags and disposed of in the
  yellow bin in Dragonflies toilet. This bag is emptied at the end of each day. Pants that have been wet or soiled
  are bagged for the parent to take home.
- After changing the child, staff will dispose of the paper roll covering, spray sanitizer onto the changing mat, remove the apron and gloves (disposing of them into a nappy bag and then into the nappy disposal unit) and thoroughly wash their hands with anti-bacterial wash.

#### Partnership with parents

At the home visit we will discuss toileting with parents in terms of:

- The nature of the difficulties and possible causes.
- How parents manage the situation at home.
- Preferred method of toilet training.
- How we are going to develop a consistent approach to toilet training at home and in the nursery.

## **Child Protection and Intimate Handling**

- Safeguarding policy available from the school office and on the website.
- Intimate care policy available from the school office and on the website.
- Parents must understand that changing a nappy involves intimate handling.
- One member of staff would change the child.
- No students or volunteers would change a child.
- All staff are encouraged to be extra vigilant for any signs or symptoms of improper practice.
- All staff should be made aware of procedures to follow if a complaint is made against a member of staff.